

MELISSA ZULEGER



Melissa is a graduate of Little Chute High School. During her career at LC, she was a 1st Team All-Conference selection along with being the conference player of the year. She helped them to two consecutive appearances in the WIAA State Tournament. She is currently a Senior at UW-Whitewater and has helped lead the Warhawks to the NCAA National Tournament twice while earning Player of the Week honors and leading the team in blocks.

LAURA GARROW



Laura is a graduate of Appleton West High School. Laura was a four-time All-Fox Valley Association choice, including a first-team pick as a junior and senior. She was tabbed to the Appleton Post Crescent's all-area first team. She served as team captain her final two years and was twice named the team's Most Valuable Player. Laura also played for the Fox Cities Elite club for six years and was voted to the all-tournament team at the USA Junior Olympics in 2005, when the team placed third. She is currently a sophomore at The University of Wisconsin- Green Bay. She appeared in thirty-one games as a freshman and will compete for the starting spot at libero in the fall. She is majoring in Elementary Education with a coaching minor.



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EMILY BENNETT

Emily Bennett Graduated from Neenah High School in 2006 she was All conference, Team captain, Conference champion, State qualifier, Spirit award, Mel Northway Scholarship, Kim Dodge Spirit Award, Jack Casper 'service above self' award and Played for Fox Cities Elite volleyball club

At Hillsdale College she received All Conference, Sue LaRocca Award, NCAA Division 2 Regional Qualifiers, and Two time south division champions. She majored in Biology and Chemistry and hopes to be a High School Biology teacher and Volleyball Coach.



Coaching Experience

- Coached over 60 girls in private lessons in 2 years
- Worked at Hillsdale College Volleyball camp for past 2 years
- Worked at Neenah High School volleyball camp for past 4 years
- Worked at multiple clinics at Player's Choice
- Coached Neenah High School players in tournaments, open gyms, and leagues
- Coached BBU Club volleyball for 2 years

Private/Semi-Private Coaching from Collegiate Volleyball Player Willing to work on a Variety of Skills!

- Setting
- Hitting
- Passing
- Serving
- Blocking
- Conditioning
- Weight lifting
- Leadership
- Teamwork



HILLARY CHEEVERS

Coach Hill has been passionate about volleyball since she began playing in 7th grade. A 2005 Whitewater High School graduate, Hillary exclaims, "I had great high school coaches who showed me how much fun playing and coaching the game could be! I knew I wanted to be that person for future players." After high school, Hillary also played volleyball at the collegiate level for Lawrence University.



Hill's coaching career began at an earlier age than most. Starting just after her freshman year in high school, she began to coach many youth volleyball teams, and helping out at camps and clinics.

Coach Hill has been a 14-2, 15-2, and 16-1 coach for Appleton Excel. This past summer, she also began her high school coaching career as the Appleton East JV coach and is excited to be in that position before she looks to head her own program in the near future. She is IMPACT certified. When not coaching high school or club volleyball, Hillary also works at Player's Choice giving private lessons, and instructing youth volleyball clinics. Her favorite coaching moment in volleyball was when she was the 15-2's coach, and her team won the Milton Invitational. "I think it was the happiest I have ever been as a coach. Here we were a 2's team, and we beat every single ones team at the tournament. The girls had so much fun, they played well, and the looks on their faces after we won the final match were priceless."

TIM WEIS

Coach Weis started playing volleyball when he was a sophomore at Racine Horlick High School. His team went to state twice before graduating. After only two years in the sport, he went on to play at UW-Oshkosh for four years competing at the national level under Coach Brian "Lumpy" Schaefer.



Coach Weis got into coaching for the same reason everyone else does, because they have a passion to teach and share their experience and knowledge to those that follow them. "I've seen how exciting and fun this game can be when you achieve success, and I want kids to see the same." Outside of volleyball coaching, He trains athletes at Appleton West. For many coaches, volleyball is not just a sport, but a way of life, and coach Weis is not much different.

College Highlights University of Oshkosh Wisconsin
Conference All Tournament Team, 2 time All-Conference
2 time WVC Conference Player of The Week, Best Team Player, Best Team Spirit

Coaching Highlights

4 Years Coaching Appleton West, 8 All Conference Players
1 All State Player, 2008 FVA All-Academic Team