

VOLLEYBALL INSTRUCTORS

Private: \$50 - (1 hour) • Semi Private: \$70 (1 hour)

To book your favorite instructor call Judy Schnese 920-560-5887 or email judys@pcfoxcities.com

LAURA GARROW



Laura is a Appleton West High School graduate. She was a four-time All-Fox Valley Association choice, including a first-team pick as a junior and senior. She was tabbed to the Appleton Post Crescent's all-area first team. Laura also played for the Fox Cities Elite club for six years and was voted to the all tournament team at the USA Junior Olympics in 2005, when the team placed third. She played two seasons at the collegiate level. In 2009, her sophomore season, she was the libero for UW-Green Bay. She led the team in total digs (512) and was second in service aces. Her 4.61 digs per set ranked third in the Horizon League and was the fifth highest single season total in school history. She played in all 111 sets for the Phoenix and was tabbed to the Academic All League Team. Currently, Laura is the head junior varsity coach at Green Bay Southwest High School. She is also the assistant coach for Fox Cities Elite 16-1 team. Laura has been giving private lessons and conducting clinics at Player's Choice for the past four years.

KELLI TRAUTMANN



Kelli Trautmann is a graduate of Little Chute High School where she was a 3x all-conference, 3rd team all-state, honorable mention all-state, EVC player of the year 2007, and most valuable player and captain. Kelli has taken her playing career to UW-Whitewater where she will be a senior next season. Kelli is a welcomed addition to the Players Choice coaching family.

ADRIAN FLEMING



Adrian is a graduate of Neenah High School. During high school, she played five years with the Fox Cities Elite Volleyball Club before moving on to compete in college at the University of Wisconsin – Stevens Point. Adrian has been coaching and instructing ever since. She has helped with Neenah Volleyball Camps, UWSP "Pointer Pups", and coached for the Wisconsin Ice and Neenah Crush volleyball clubs. Adrian is also an ACSM Certified Personal Trainer and is a Health Fitness Professional.

WE DO NOT ACCEPT CREDIT OR DEBIT CARDS
\$40 NSF Fee will be charged for returned checks. Cancellation 48 hours or more prior to program or rental date subject to ½ fee (refund provided in account credit). Cancellation within 7 days subject to full fee.
Cancellation 47 hours or less prior to program or rental date subject to NO REFUND.

****All lessons must paid on or before scheduled date - No Exceptions****

LESSONS POLICY Lessons must be booked in advance with our instructors. Our instructors have busy schedules and book up very fast. PCFC will do their best to accommodate you and your child. This is based on the instructors availability *by appointment only*.

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